

PRESS RELEASE

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WELLNESS FOCUS HELPS EMPLOYER DECREASE HEALTH COSTS

Florida school district enhances health benefits for 8,000 employees while cutting costs.

April 3, 2012 (Tampa, Fla.) – Rather than passing rising health costs on to employees, [Crowne Consulting Group](#) and [Med-Vision, LLC](#) helped [Pasco County schools](#) discover an innovative approach to cut costs by enhancing healthcare for its more than 8,000 employees.

By coupling onsite health and wellness centers with customized wellness programs to engage employees, Pasco County schools reduced health costs 5 percent last year, saving more than \$155,000 per month. The district also flattened its prescription drug costs in 2011, thus defying the average 9.2 percent national rise according to a Segal health plan cost trend survey.

"Med-Vision's [health data analytics](#) and wellness planning in combination with Crowne Consulting Group's management of our CareHere health centers have been very valuable," said Mary Tillman, Pasco schools' director of employee benefits.

For zero deductibles and no costs, employees have free access to primary medical, screenings, lab work, X-rays, EKG, occupational health, wellness programs, disease management, and generic prescriptions.

Crowne Consulting Group assisted Pasco schools in opening three worksite centers in January 2011, and the district is considering adding a fourth later this year. The Crowne Consulting Group is co-administrators of 24 [health and wellness centers](#) throughout Florida, helping Tennessee-based partners CareHere, LLC total 100 health centers nationwide.

In addition to operating during hours convenient for employees, the patient-centric medical services allow for 20 minutes with clinic physicians as opposed to the average seven minutes. The operators also ensure patient information is kept confidential, according to HIPAA laws, and administer the district's workers' compensation matters and drug testing.

"Crowne Consulting Group and CareHere have been outstanding in setting up and operating our health centers," said Tillman. "They provided orientations for our employees, and they even offered a prize drawing incentive to encourage utilization."

Despite being able to access care through their current health plan, nearly half of the employee population visited the worksite centers within the first year. Employees totaled 26,000 medical visits, filled more than 15,000 prescriptions, and benefited from programs such as nutrition and smoking cessation in 2011.

Med-Vision, LLC, a health plan risk management and strategy firm, combed through the district's health claims to determine what disease management and wellness programs were needed.

"Med-Vision helped write our wellness strategic plan, and they're guiding our wellness committee in budgeting for doing the most good for employees through targeted health incentives," said Tillman.

Health programs for 2012 include an "Employee Report Card," which will allow employees to complete health risk assessments and track wellness program participation with the goal of earning cash rewards.

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About Crowne Consulting Group, Inc: Crowne Consulting Group, Inc., founded in 1986, consults and provides administrative oversight services for onsite health and wellness centers to employers and is a related company with The Crowne Group, an employee benefits consulting firm, specializing in employer solutions and personal lines of insurance. Crowne's experts have a cumulative 100 years of experience in serving public sector employers such as school boards, city and county government, as well as private organizations. Solutions for consumer-driven plans include health reimbursement arrangements, self-funded plans, onsite health and wellness centers, as well as risk management and human resources consulting. Call 407-654-5414 or visit www.crowneinc.com for more information.

About Med-Vision, LLC: Founded in 2005, Med-Vision delivers health plan risk management and wellness strategies to help employer groups achieve optimal employee health and productivity. Med-Vision caters to the needs of self-funded employer plan sponsors and impacts health plan members across the nation. Med-Vision has helped corporations, healthcare facilities, municipalities, and school districts to reduce risk, reverse trends, and decrease healthcare costs while increasing quality of care for their employees. Call 813-205-1577 or visit www.med-vision.com for more information.

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